

FACULTY OF ARTS AND HUMANITIES

SYLLABUS FOR THE BATCH FROM THE YEAR 2023 TO YEAR 2026

PROGRAMME CODE: BPHC

**PROGRAMME NAME: BACHELOR OF
PHYSIOTHERAPY (PART-I)**

Examinations: 2023-26



P.G. Department of History

Khalsa College, Amritsar

(An Autonomous College)

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(b) Subject to change in the syllabi at any time.
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COURSE SCHEME											
BACHELOR OF PHYSIOTHERAPY (PART-I)											
Course Code	Course Name	Hours/ Week	Credits			Total Credits	Max Marks				Page No.
			L	T	P		Th	P	IA	Total	
Compulsory Courses											
BPHC-1125	PUNJAB HISTORY & CULTURE (From Earliest Times to 1000 A.D.)	04				04	75		25	100	1-2

KHALSA COLLEGE AMRITSAR

(An Autonomous College)

BACHELOR OF PHYSIOTHERAPY (PART-I)

Course Code: BPHC-1125

PUNJAB HISTORY & CULTURE (From Earliest Times to 1000 A.D.)

**(Special Paper in lieu of Punjabi compulsory)
(For those students who are not domicile of Punjab)**

Credit Hours (per week): 04

Total Hours: 100

Time: 3 Hours

Total Marks: 100

Theory: 75

Internal Assessment: 25

Instructions for the Paper Setters:-

The examiner will set 8 questions, two from each Unit. The candidate will attempt one question from each unit and the fifth question may be attempted from any Unit. Answer to each question will be in about 1000 words. Each question will be of 15 marks.

Note: The Medium of Instruction is English.

Course Objectives: The main objective of this course is to familiarize the students who are not domicile of the Punjab with the history and culture of the Punjab. It aims to describe different sources and physical features of the Punjab in Ancient period. It intends to provide knowledge of social, economic, religious and political life of people of the Punjab from Indus Valley Civilization to 1000 A.D. It also discusses the teachings and impact of Jainism and Buddhism in the Punjab.

UNIT-I

1. Physical Features of the Punjab and their impact.
2. Sources of Ancient Punjab History.
3. Harappan Culture: Principal places, town planning, features of social and economic life, religion, causes of disappearance.

UNIT-II

4. The Indo- Aryans: Original home and settlement in Punjab, political organisation, social, religious, and economic life during the Rigvedic Age
5. Impact of Buddhism and Jainism in the Punjab.
6. Political condition of the Punjab on the eve of Alexander's Invasions, account of the invasions and their impact.

UNIT-III

7. The Punjab under Chandra Gupta Maurya and Ashoka.
8. The Kushans and their contribution to Punjab.
9. The Punjab under the Vardhana Emperors.

UNIT-IV

10. The Punjab from 7th Century to 1000 A.D.(Survey of Political History)
11. Development of Education and Literature in the Punjab upto 1000 A.D.
12. Development of Art and Architecture up to 1000 A.D.

Suggested Readings:-

1. L. Joshi (ed.), *History and Culture of the Punjab*, Art-I, Patiala, 1989 (3rd edition)
2. L.M. Joshi and Fauja Singh (ed), *History of Punjab*, Vol. I, Patiala, 1977.
3. Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
4. B.N. Sharma, *Life in Northern India*, Delhi, 1966.

Course Outcomes:

After completion of the course, the students will be able to learn:

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| CO-1 | The sources and physical features of ancient Punjab. |
| CO-2 | Social, economic, religious life of the Harrapan civilization and Vedic Aryans. |
| CO-3 | Teachings and impact of Jainism and Buddhism in the Punjab. |
| CO-4 | Language, literature, art and architecture of Ancient Punjab. |
| CO-5 | Political, Social, Religious, Economic and Cultural life of the people of the Punjab under the Maurayan, Kushana, Gupta and Vardhana Emperors. |